

Plateau Mont-Royal Guide



ApartHotel
Prince Arthur

Le Plateau Mont-Royal is often regarded as one of the hippest, prettiest and overall most fun areas of the city. Le Plateau has plenty of photogenic staircases, tastefully decorated eateries, passionate residents, and heaps of charm.



Hotel-Apart Prince Arthur is a uniquely located cobbled stretch between the bustling St-Laurent Blvd. and the famous Carré St-Louis parc.

We strongly recommend walking down 3 minutes down Prince Arthur to enjoy a stroll at parc Carré St-Louis.

Specially for you, we've put together a small list of a few of our favourite, local spots.



Grab a coffee

Montreal seems to be at the North American center of the emerging coffee scene. With seemingly one or two new coffee shops opening up every week, even Montrealers have a hard time keeping track!

Some of my favourite coffee shops in Plateau Mont-Royal:

Réplika

252 Rachel Est

Dispatch

4021 St Laurent

Cafe Bloc

1209 St Laurent

Café Myriade

4627 St Denis

Café Nocturne

19 Prince Arthur West

Café Le Club Espresso Bar

3812 St Denis

Le moineau masqué

912 Marie-Anne Est

Noble Café

430 Laurier Est

Food Tours

Montreal is frequently cited as one of the most inventive, seductive places in North America as far as gastronomy is concerned, among other things. Waves upon waves of immigration — from Jewish to Portuguese to Japanese — have brought invaluable traditions to the local food scene for a truly diverse, complex heritage that has now become the city's signature.

And only a proper Plateau Mont-Royal food tour with a knowledgeable, equally glutton guide can effectively dive in the heart of the matter that is food in Montreal.



My two favourite food tours in the city:

Local Montreal Food Tours

www.localfoodtours.com
(438) 600-0501

Secret Food Tours

www.secretfoodtours.com/montreal
647-847-8159

Where to eat

Rumour has it that Montreal has the second highest amount of restaurants per capita in North America – is that the best reason to wear your eating pants or what? But with so many eateries on offer, it can be hard to pick the right ones to visit during a short trip so I've done the legwork for you!

Here are some of my favourite restaurants in Plateau Mont-Royal:

L'Express

3927 St-Denis

Majestique

4105 St-Laurent

Tri Express

1650 Laurier Est

Noren

77 Rachel Ouest

Pâtisserie Rhubarbe

1479 Laurier Est

Schwartz's Deli

3895 St-Laurent

Harbin dumplings

4801 St-Laurent

Lustucru

5159 Parc

Yokato Yokabai Ramen

4185 Drolet

Restaurant HÀ

243 Mont-Royal Ouest

Explore local parks

Montreal does quite well in terms of green grassy spaces, especially in Plateau Mont-Royal.

Oftentimes, locals will gather friends (along with a couple of bottles of wine for good measure) for an afternoon of leisure in the sun at any given park in the neighbourhood.



Try reading a book in the shadow of centennial trees by the serpentine in **Parc Lafontaine**.

Admire the view of Mont-Royal mountain in **Parc Jeanne-Mance**.

And, lastly, with its perfectly aligned rows of Victorian houses, **Square St-Louis** is another photographer's paradise that is not to be missed.